

MEDIA RELEASE

FOR IMMEDIATE RELEASE
(Insert Day, Month, Year)

Contact:
Name
Phone #
Email

First Name Last Name Selected as a Certified SharQui Instructor for the SharQui Bellydance Workout® program

SharQui's mission is to empower women and men with the beauty, spirit and power of bellydance along with the community, motivation and strength of group fitness.

Summary: **First name Last Name** was recently named a certified instructor for ShaQui – The bellydance workout®. The program is designed to offer a fun, alternative workout in hopes to promote positive body image and help the nation's health and obesity crisis. SharQui continues to recruit Instructors to help inspire more people to live happier and healthier lives.

Last Name is a add sentence or two about yourself and your background, including any other key fitness/health-related work/accomplishments and link to website, if applicable.

"I am thrilled to welcome **First Name** as a certified SharQui Instructor to the SharQui Bellydance Workout program. Our growing team of Instructors exemplifies the importance of commitment, dedication, and a true passion for helping others achieve their health and fitness goals in a fun, exciting way - and live better lives," says Oreet J. S., CEO of SharQui, Ltd. "We are determined to get people fit while educating the public about the art-form of bellydance and our instructors are the key to doing so effectively."

Others interested in learning more or becoming a SharQui Instructor can visit <http://teachsharqui.com> for further details.

About Your Name

Add brief description of business/class here, including link to website, if applicable

About SharQui

Founded by fitness and dance guru, Oreet J. S., the SharQui program provides education to fitness/dance professionals and classes, DVDs, music and apparel to consumers. There is no bellydance fitness program like SharQui in the world! The unique breakdown and repetition-inspired methods are fun and easy-to-follow while you unknowingly get fit. SharQui provides an enjoyable workout experience for both men and women of any size, shape or skill level. For more information please visit <http://sharqui.com>.

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