



Press Release

Contact: **Name Here**

Email Phone

Fitness/Dance Instructor Brings SharQui to City/State

City/State, Date – Direct from New York City, a brand-new fitness experience is now in **City** to change the way women and men think and feel about their bodies. **SharQui - The bellydance workout®** was developed in NYC and is now taught globally.

SharQui - The bellydance workout® is a dance fitness workout based on the fundamentals of belly dancing. It's a great overall fitness experience that gets the heart rate up, tones the body and strengthens core muscles. Its uniqueness lies in its repetition-inspired method and the ancient art form of belly dance. SharQui is fun and easy-to-follow and have women and men dancing and Shaking their Beauty right from the start!

Developed in 1998 by Oreet, the Middle Eastern Dance Champion and exercise expert, **SharQui** has exploded with popularity. Classes are taught in New York City, Australia, London, California, Chicago, New Jersey, Utah, and Hawaii to name a few.

First Name has brought SharQui to the following locations in **City/State:**
List Clubs Here

Interviews are available and b-roll and photos can be taken at most sites. Please contact **First Name** for more information at **Email** or **Phone**.

ABOUT **INSTRUCTOR NAME**
Short Bio Here